

WESTPORT

PUBLIC SCHOOL

EXCELLENCE IN A CARING ENVIRONMENT



Monday 6th August

Our students are always busy with their learning and extra curricula activities. Our teachers provide many wonderful opportunities for learning and new experiences in and out of the classroom.

Science ICAS Competition

Congratulations to Michael for earning a merit. Michael is in the top 35% of participants.



Chess

Once again our Chess Team and Mr Ainsworth were victorious when they travelled to Newcastle to compete against schools from the Hunter Region. The team played as always to the best of their ability, implementing many strategies and problem solving to beat their opponents. Please read the Chess report over the page. Congratulations to Hayden, Arin, Jack, Chloe, Dominic, Bailey, William, Brady, Aaron, Leif and Mr A! We are very proud of you. Thank you to the parents who provided transport.



NSW PSSA Cross Country Championships

Congratulations to Brady in Year 6 for representing our school. He ran well, finishing in the top 20 and enjoyed the experience.

Rugby League Gala Days

Boys and girls competed in Rugby League Gala Days recently. The boys team progressed through to the semi finals and had lots of fun. The girls played well and improved in every game throughout the day. Thank you to Mr Kingston for coaching both teams and thank you to the parents who provided transport and support.



Splendour

Tickets go on sale today at 9am at the Glasshouse. This is very exciting. Our students and staff are working very hard in order to dazzle you at Splendour. Tickets are once again, only \$12 per person.

New Bike Laws

Children under 16 are now legally allowed to ride on footpaths in NSW.

This is good news, please remember to wear your helmet too!

Weekly Assembly Changes

Due to our growing school, our weekly assembly will now be split into a K-2 Assembly once a fortnight and a Year 3-6 Assembly once a fortnight. Assembly will continue to be on Tuesday at 1pm with K-2 Assembly on odd weeks and 3-6 Assembly on even weeks.

Please see the Assembly timetables below:

K-Yr2	Yr3-6
Week 3 – K1 Wattle	Week 4 – 34 Waratah
Week 5 – 1 Banksia	Week 6 – 4 Macadamia
Week 7 – 1 Acacia	Week 8 – 34 Lilly-Pilly
Week 9 – Splendour	Week 9 - Splendour
Week 10 – Gold Awards	Week 10 – Gold Awards

Have a great week.

Nicole Osborne
Assistant Principal

Coming Events for Term 3

Tue 7 th	HVCS Ceremony of Excellence – 6pm Glasshouse
Tue 7 th	Assembly 1pm – Hosted by K/1 Wattle
Fri 10 th	P&C Colour Run – Whole School 2pm-3pm Crazy Hair Day
Thurs 16 th	PSSA Boys Touch
Fri 17 th	HCH Athletics Carnival – Blackbutt Oval Wauchope
Tue 21 st	Book Week Parade – 12.30pm for a 12.45pm start

P&C Colour Run

Due to bad weather conditions last term our Colour Run was postponed. We will be running the Colour Run on Friday the 10th of August. We encourage students to wear a white t-shirt but an old t-shirt is fine. Students should wear an old hat as well as they will get colour on them which may not totally wash out. Asthmatics, please remember your puffers on the day.

Ticket information for Splendour 2018 ‘Spirit of Oz’

Date of Splendour: Tuesday 18th September
Venue: The Glasshouse
Start time: 6pm (doors open at 5.30pm to start seating)
Tickets Cost: \$12 per person

Tickets: Tickets go on sale Monday 6th August (next week). Tickets can be purchased via the online Glasshouse box office or in person at The Glasshouse. Three easy ways to book your tickets:

- 1. Visit www.glasshouse.org.au
- 2. Call 6581 8888
- 3. Drop into the box office Cnr of Clarence & Hay Streets, Port Macquarie

Please be aware that there is a transaction surcharge (\$3 for online and in person, \$5 for over the phone). There is no limit to the amount of tickets you can buy.

Sydney Academy of Chess Qualifier – Telarah Public School 1/8/18

The Westport Public School Chess players took the nearly three hour trip to Telarah to compete in the Telarah Chess Challenge event.

The squad unleashed a performance that could only be described as shock and awe as they destroyed the Hunter opposition by taking out the top five podium places in the individual draw and winning the combined score team’s trophy with daylight separating us from the second and third place schools. The final places in the individual competition went to: 1st Hayden 6/7; 2nd Arin 6/7; 3rd Chloe 6/7; 4th Jack 5/7; 5th Dominic 5/7.

All these places needed to be decided by the tournament count back system applied by the computer.

The results for the rest of the team are:
Bailey 5/7; William 5/7; Brady 4.5/7; Aaron 4/7; Leif I 4/7;
Over the course of the seven round day the ten players dropped only eighteen boards from the seventy played by our players..but here is where it gets seriously impressive..our only losses were inflicted when a Westporter played another Westporter in the open individual draw..

Not a single match was lost to another school opponent.

This is the second tournament victory of the year to go with moving into the last 32 schools in NSW teams Championship. The question is how much more can this group achieve this year.

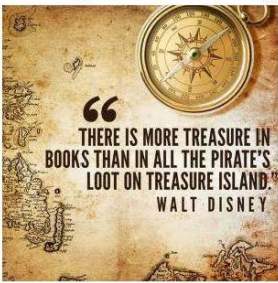
I believe the Sydney Academy of Chess is looking to put a Semi Final of this series on at Westport to honour the chess culture at our school during September.

The team reached a whole new level of excellence today in the Hunter Valley which attracted a great deal of positive attention and feedback from teachers and parents from other schools.

Finally thank you to Brady’s dad, Andrew and Jack’s dad Mick for helping with transport. You are now honorary members of the team.

Mr Ainsworth

Book Week 2018
Theme: Find Your Treasure



Tuesday 21st August
Westport Public School

We would like to invite you to join the students and staff of Westport Public School in celebrating Book Week and our love of books!

Our students are invited to come along that day dressed as their favourite book character.

12:30pm – BOOK WEEK CHARACTER PARADE
The parade will be held under our COLA. The students will parade in their great costumes as their favourite book character.

1:45pm – RECESS
Join the students for afternoon tea. Bring along your own or purchase a cuppa and a yummy treat for just \$3.00. This will be available from the Canteen and money raised will go towards our amazing band and choir.

2:05pm – CLASSES AS NORMAL

Looking forward to a great day, hope to see you there!

Miss Rachel Kelly
Teacher Librarian



Term 3 Canteen menu

Find us on  @WPPSCanteen

BREAKFAST - 8.35am to 9.00am

2 pieces of toast w/ Vegemite OR Jam **FREE**

Extra piece of toast with Vegemite or butter	40c
Fruit – seasonal	50c
Cup of Milo – warm or cold	\$1.00

SNACKS - Made Fresh Daily

Pikelets - maximum 4 per person	10c
Pizza Scrolls	20c
Fruit – seasonal	50c
Cup of lightly salted Popcorn	20c
Boiled Eggs - fresh from the school chook pen	50c
Cheesy Bread Sticks	10c
Homemade dip of the week w/ veggie sticks	50c
Jelly Cups	50c
Custard Cups	80c
Frozen Juice Cups	50c
Bliss Balls - various flavours	20c
Homemade Yoghurt and Berry Cups	\$1.00

A varying range of other delicious homemade snacks are available over the counter daily priced from 10c to \$1.50

SNACKS - Pre-packaged

Chips - Honey Soy Chicken OR Plain	\$1.70
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DRINKS

Cup of plain Milk	50c
Flavored Milk – Choc or Strawberry	\$2.40
Water – 600ml bottle	\$1.00
Juice – Apple or Apple and Blackcurrant	\$1.70

LUNCH

Homemade Hot Lunch Items

Pasta Bolognese	\$3.00
Beef Nachos w/ greek yogurt and cheese	\$3.80
Corn on the Cob - grown in the school garden	50c
Pasta Cup w/ Rich Tomato Sauce and Cheese	\$1.00
Hawaiian Pizza Muffin	\$1.00

Fresh Sandwiches

Vegemite	90c
Cheese	\$1.50
Ham	\$1.70
Ham and Cheese	\$2.40
Chicken and Cheese	\$2.40
Cheese and Tomato	\$2.20
Ham Cheese and Tomato	\$3.10
Cheese and Salad	\$3.40
Ham and Salad	\$3.80
Chicken and Salad	\$3.80

Toasties

Baked Bean and Cheese Toastie	\$2.00
Ham and Cheese Toastie	\$2.40
Ham Cheese and Pineapple Toastie	\$3.20
Chicken and Cheese Toastie	\$2.40
Ham Cheese and Tomato Toastie	\$3.10
Vegemite and Cheese Toastie	\$1.60
Cheese Toastie	\$1.50

FLEXISCHOOLS ONLINE ORDERING

Order online via www.flexischools.com.au and have access to the following two delicious flexischool only menu items. These items are available in limited quantities and are not available over the counter:

Beef Cheeseburger	Flexischools Only
Chicken Burger	Flexischools Only
Sausage Roll NEW	Flexischools Only

Homemade Soups

All soups are served with four Cheesy Bread Sticks.

Chicken and Corn	\$2.50
Pumpkin	\$2.50
Tomato	\$2.50

Fresh Salad Bowls

Salad Bowl	\$3.50
Ham Salad Bowl	\$4.00
Chicken Salad Bowl	\$4.00
Egg Salad Bowl	\$4.00

Pre-packaged Lunch Items

Chicken Nuggets (5)	\$3.00
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Extras

Sauce (BBQ or Tomato)	40c
Salad Dressing (Mayo OR Greek yogurt w/ lemon and garlic)	40c

NOTES

For over the counter orders, please make sure that your order bag is marked with: **NAME, CLASS & ORDER**

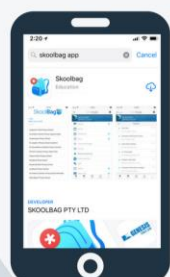
Lunch orders must be submitted online via

www.flexischools.com.au OR over the counter no later than 9.00am.

Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.



1

Download the app

Search for the free SkoolBag app in the Apple App or Google Play Store

2

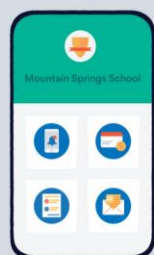
Create an account

Sign up in seconds with your email address

3

Add your school

Search for your school and add your subscription groups



SkoolBag

Community News

Re-navigating Anger & Guilty Emotions

RAGE is a strengths-based program that is practical and fun.

RAGE for 14-17 Yr olds

This RAGE course has been specifically designed for young people aged between 14-17 years.

It is run in unison with the MAAD program for parents. Both are evidence-based best practice endorsed programs.

Parents are asked to attend all four sessions to support their young person.

Four **Free** sessions include information about:

- the many faces of anger
- the Anger Cycle
- healthy expression of anger
- getting through the guilt of anger
- relaxation, exercise & diet
- fun activities

Where:

Uniting Burnside Office
7 Sherwood Road
Port Macquarie

When:

Wednesdays
5th Sept to 25th Sept

Time:

5:00pm-7:00pm

Get in Touch:

6581 6600

uniting.org

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Re-navigating Anger & Guilty Emotions

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- the Anger Cycle
- healthy expression of anger
- getting through the guilt of anger
- relaxation, exercise & diet
- fun activities

Where:

Uniting Burnside Office
7 Sherwood Road
Port Macquarie

When:

Tuesdays
24th July to 15th August

Time:

5:00pm-7:00pm

Get in Touch:

6581 6600

uniting.org

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Circle of Security



What is CoS?

Learn how to better understand the emotional needs of your child.

CoS is a visually-based approach to help you see how to develop a secure attachment with your child.

Our four **free** sessions will help you to:

- Understand the importance of attachment
- Gain knowledge about relationships in which feelings can be shared
- Reflect on your own parenting experiences
- Learn about the CoS concept & how it occurs within the lives of children & adults

Where:

Uniting Burnside
7 Sherwood Road
Port Macquarie

When:

Thursdays
16th Aug-27th Sep

Time:

10:00am to 12:00pm

Get in Touch:

6581 6600

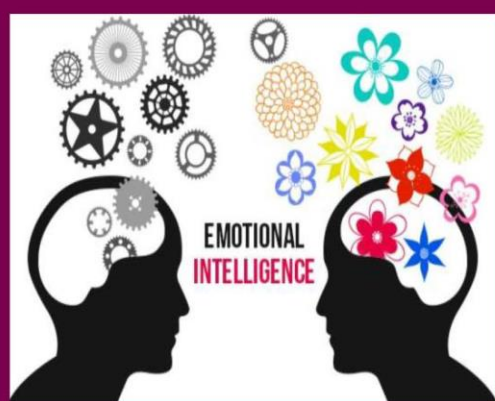
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Learn How to Help your Teen



Emotionally Intelligent Parenting

Tuning in to Teens™ shows parents how to help teens develop emotional intelligence.

It is a six-session program for parents of adolescents aged from 10 to 17 years.

Our **Free** sessions will help you learn how to:

- be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage his/her emotions
- help to prevent behaviour problems in your teen
- teach your teen to deal with conflict

Where:
Wauchope Library
51 High Street
Wauchope

When:
Wednesdays
1st Aug to 5th Sep

Time:
12:15pm-2:15pm
Get in Touch:
6581 6600

Afternoon tea provided
uniting.org

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Small changes, big differences.



Triple P Parenting Program

Triple P is one of the world's most successful parenting programs.

Learn to manage common problems in this four-week course.

Learn simple and practical ways to:

- Build a strong, healthy family
- Raise happy and confident children
- Manage your children's behaviour
- Prevent common pitfalls.

Triple P is free to families with children aged from 0-12years.

When:
Mondays
30th July to 20th August

Time:
10 am- 12 pm

Where:
Uniting Burnside
7 Sherwood Road
Port Macquarie

Get in Touch:
T: 6581 6600



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Uniting Child & Family Services – Hastings

Term 3 2018 Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Mitji Guparr Playgroup For Aboriginal Families Venue to be advised (With Centacare) 10:00-12:00 23 Jul-24 Sep	First Time Parents Supported Playgroup Uniting Burnside Port Macquarie 10:00-11:30 24 Jul-25 Sep	Mum & Bubs Walk it Out Cultural Group Riverside Wauchope (With Centacare) 10:00-12:00 25 Jul-26 Sep	Mitji Wambuyn Playgroup For Aboriginal Families 4-Square Bethel Church High Street Wauchope 10:00-11:30 26 Jul-27 Sep		<p>We also offer all of these courses on a one-to-one basis for those who find group interaction a challenge.</p> <p>You can call us to set up an individual assessment for in-home visiting support if you are struggling with managing multiple kids, isolation, or anything else that might be impacting your ability to enjoy your family.</p> <p>Contact us on 02 6581 6600 for all enquiries & bookings.</p> 
Triple P Parenting Program Uniting Burnside Port Macquarie 10:00-12:00 30 Jul- 20 Aug		Supported Fun Playgroup Uniting Church Hall Laurieton 10:00-11:30 25 Jul-26 Sep	Circle of Security Parenting Program Uniting Burnside Port Macquarie 10:00-12:00 16 Aug -27 Sep		
		Tuning in to Teens Emotional Intelligence Wauchope Library High Street Wauchope 12.15-2:15pm 01 Aug-05 Sep			
	RAGE for 10-13yr olds Re Navigating Anger & Guilty Emotions Uniting Burnside Port Macquarie 5:00-7:00pm 24 Jul-15 Aug	RAGE for 14-17yr olds Re Navigating Anger & Guilty Emotions Uniting Burnside Port Macquarie 5:00-7:00pm 05-26 Sep			