

WESTPORT PUBLIC SCHOOL

EXCELLENCE IN A CARING ENVIRONMENT



Monday 20 May 2019

Welcome to Week 4. Some significant events were completed last week.

NAPLAN

Our year 3 and 5 students completed the NAPLAN tests last week and they appeared to cope with any perceived pressure very well. Westport Public School took part in the trial to do this testing online and we believe it has been very successful. There is no doubt that the test will be conducted online in the future and we want our students to be very comfortable with this format. Overall, the system at Westport worked well with minimal technical problems.

Cross Country

Our school Cross Country was completed last Wednesday. The student participated well and to the best of their ability. I was very impressed with the effort everyone put in. I must congratulate all the students who will be going onto Kempsey to the next level. Thank you to all the parents/carers that attended to support their students. A big thankyou to Mr Ainsworth and his band of helpers for organising and setting up the event. We were very lucky with the weather which held off just long enough before the rain came down.



P&C Meeting

There will be a P&C meeting this Wednesday at 6pm in the staffroom at the school. Anyone interested in participating in our wonderful P&C are welcome to attend.

Parent Courses

Please see attached information on free parenting courses.

Have a great week.

Tony Johnston
Principal

Coming Events for Term 2

Wednesday 22 May	P & C Meeting at 6pm
Thursday 23 May	End of NAPLAN Online Test
Monday 27 May	LNC Cross Country
Wednesday 29 May	Year 5 & 6 Science Excursion at Oxhill Organic Farm
Wednesday 19 June	Dance Festival
Thursday 6 June	Public Speaking Finals Year 3 – 4: 9:15 am Year 5 – 6: 10:15 am
Friday 5 July	Last day of Term 2

Term 2 Assembly Timetable – 1 pm in the School Hall

Kindergarten – Year 2	Year 3 – Year 6
	No Assembly
Week 5 – K Flame	Week 6 – 3 Bottlebrush
Week 7 – K Jacaranda	Week 8 – 5 Hibiscus
Week 9 – 2 Bluegum	Week 10 – Silver Assembly

Assembly Winners

K Jacaranda: S'abella, Ashley, Michael, Robbie

K Flame: Chase, Xzavier, Taj, Noah

K Wattle: Kale, Amayia, Alex, Shakiah

1 Acacia: Skye, Sarkirra, Jake, Lily

1 Banksia: Peter, Zoe, Mia, Sandy

1/2 Paperbark: Liam, Michael, Lexi, Kaleb

2 Bluegum: Elroy, Kiara, Judy, Sophia

2 Redgum: Tiger, Luca, Isobelle, Sian

The Uniform Shop

The uniform shop is now open weekly for fittings and cash sales, every Monday and Thursday from 8:30 am to 10:00 am.

Students and families wishing to purchase uniforms online by using electronic payment methods (EFT) can do so anytime via www.flexischools.com.au

P&C General Meeting

When: Wednesday 22 May 2019

Time: 6:30pm

Where: School Staff Room

Canberra Excursion: Payment Plan

Friday 31 May	\$100 paid by this date
Thursday 4 July	\$100 paid by this date
Friday 23 August	\$100 paid by this date
Thursday 26 September	\$100 paid by this date
Friday 8 November	\$60 paid by this date

All payments are to be paid to the office, eftpos is available. **You are very welcome to make payments at any time or pay the outstanding amount prior to 8 November, 2019.**

NAPLAN Online Test

Monday 20 May	<u>Conventions of Language:</u>
	<ul style="list-style-type: none"> • 3 Silverfern
Tuesday 21 May	<u>Numeracy:</u>
	<ul style="list-style-type: none"> • 5 Hibiscus • 5 Melaleuca
Wednesday 22 May	<u>Numeracy:</u>
	<ul style="list-style-type: none"> • 3 Silverfern
Thursday 23 May	NAPLAN Catch up.

Lower North Coast Cross Country - Monday 27 May

Congratulations to all students who competed in the cross country last Wednesday. Students who placed in the top four in each age group are eligible to represent our school at the Lower North Coast cross country on Monday 27 May at Warwick Park Racecourse, Kempsey.

Permission notes have been given to students, please return all notes to Mr Ainsworth by Friday 24 May, transport to and from Kempsey is the responsibility of each child's parents or carers.

Cross Country Results			
Boys 8/9 Years		Girls 8/9 Years	
1 st	Jarntae	1 st	Erica
2 nd	Ben	2 nd	Kiarnah
3 rd	Xavier	3 rd	Mercedes
4 th	Jhett	4 th	Nevaeh
Boys 10 Years		Girls 10 Years	
1 st	Jarvis	1 st	Georgia
2 nd	Samuel	2 nd	Ruby
3 rd	Flynn	3 rd	Brooke
4 th	Caleb	4 th	Mia
Boys 11 Years		Girls 11 Years	
1 st	Chase	1 st	Sari
2 nd	Jarrell	2 nd	Ella
3 rd	Michael	3 rd	Emily
4 th	Ramone	4 th	Lilly
Boys 12/13 Years		Girls 12/13 Years	
1 st	Blake	1 st	Dakoda
2 nd	Hamish	2 nd	Chloe
3 rd	Jayden	3 rd	Summer
4 th	Wyl	4 th	Rae Venice





COMMUNITY NEWS

Looking at going on a holiday?

Kerri-Anne Hands at Flight Centre Settlement City and Westport Public School P&C have got together in a fundraising pact. So for every booking made at Flight Centre Settlement City with Kerri-Anne, they will donate a percentage to the School P&C.

Simply mention Westport Public School when booking with her and she'll take care of the rest. Your friends, family and associates can also do the same. You'll benefit from Flight Centre's great low prices and know you're helping to support a great local school.

From airfares and accommodation through to travel insurance and visas, we have it all. And don't forget to take advantage of our Lowest Airfare Guarantee.

Call 6588 3777, text 0400 920 350, email her at kerri-anne.hands@flightcentre.com.au or visit her at Shop 3A, Settlement City, Cnr. Park & Bay Streets, Port Macquarie.

Tuning in to Kids Program

Emotionally Intelligent Parenting

UNDERSTAND AND MANAGE EMOTIONS TO IMPROVE PARENT-CHILD CONNECTION
Family Support Network



Tuning in to Kids consists of six interactive group sessions for parents and is designed for all families with children aged 3-11 years.

The program teaches simple emotion coaching skills so parents can recognise, understand and respond to children's emotions in an accepting, supportive way.

This approach helps promote emotional and social competence in children.

Would you like to:

- help your child manage anger and other strong emotions?
- be better at understanding and talking with your child?
- help to prevent problem behaviours?
- teach your child to deal with conflict?

Program details: 2019

Tuning in to Kids program meets weekly for six weeks: 21st May - 25th June

Time: 10.00am - 12.30pm

Cost: FREE (limited places, registration essential)

Child minding available (please register)

Light Lunch provided

Venue: Youth Hub
140 Horton street, Port Macquarie



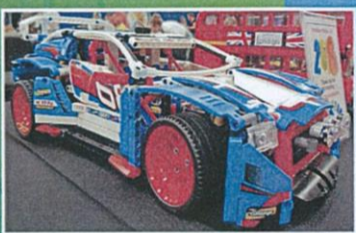
For more information or to register
Contact: Regen Hintz
Family Support Network
Phone: 6581 6800



Rainbow Bricks Present

Port Macquarie Brickfest

A LEGO Fan Event



Check out FIRST LEGO & FRC robot on display

Sunday 26th May

10am - 4pm

Children's Build Area, A LEGO raffle
LEGO parts, minifigs and sets for sale

VENUE: Port Macquarie Indoor Stadium



www.rainbowbricks.com.au
Follow us at Port Macquarie Brickfest
Follow us at Rainbow Bricks

Small changes,
big differences.



Group Triple P~ 2019

Positive Parenting Program (2-12 Years)

Tuesday mornings over four weeks

Weekly session time: 10am to 12:30

Group Triple P is a parenting program for all families that provides practical answers to everyday parenting concerns



- Pick up positive parenting tips and ideas
- Focus on your strengths as a parent
- Learn how to deal with challenging behaviour and encourage behaviour you like
- Help your child reach their potential



To register or for more information contact:

Stacey or Regen at the Family Support Network
Centacare Ph: 6581 6800



Bookings essential - Please register as numbers are limited.

www.triplep.net

Circle of Security Parenting

REGISTERING NOW

A program for parents and children to support you:

- To enhance or assist to develop secure attachments
 - To understand your child's needs
- To support your child's ability to successfully manage emotions
- To enhance the development of your child's self esteem

Monday's 10am – 12.30pm

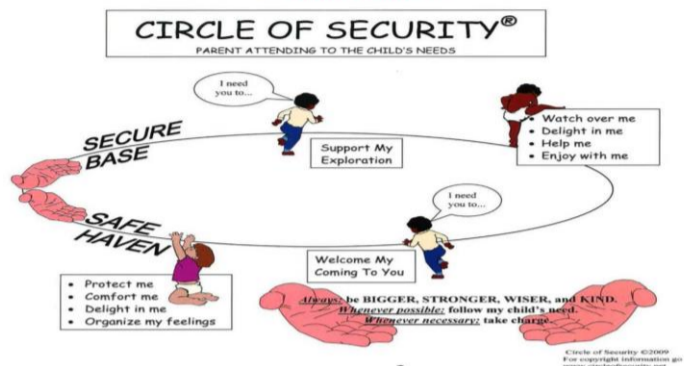
Where: Youth Hub – 140 Horton street Port Macquarie

13 th May	20 th May	27 th May	3 rd June	17 th June	24 th June
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To register or for more information contact:

Stacey – Family Support Coordinator
Ph: (02) 6581 6800 - Mobile: 0488 339 901

- ☺ Child minding provided on request (Please register)
- ☺ Light Lunch provided



FAMILY SUPPORT NETWORK

Centacare Family Support Network provides support and skill development to parents at the earliest opportunity, helping to build family resilience via a range of home visiting or group program activities.



FAMILY SUPPORT NETWORK

Group Programs

Triple P is a Positive Parenting Program for families with children aged 2 to 12 years, supporting parents with tips and strategies to learn how to manage challenging behaviour and develop positive relationships.

Tuning into Kids teaches parents of children aged 3 to 11 years emotion coaching skills to recognise, understand and respond to their children's emotions in an accepting and supportive way.

Home Visiting Programs

Family Worker Home Visiting Program provides support to families with children for a period of up to three months. Support may include developing skills in guiding children's behaviour, responding to children's emotions and addressing issues that could be impacting on the family wellbeing (for example health, relationships, parenting skills, finances, accommodation or isolation).

Stepping Stones is an individual consultation program for parents of children aged 2 to 12 years that have a developmental disability. Based on the Triple P model, Stepping Stones focuses on specific child behaviour problems and building parent skills to promote their child's development, social competence and self-control.